



GEORGES RIVER COLLEGE  
PEAKHURST CAMPUS

**YEAR 10 PASS**  
**ASSESSMENT NOTIFICATION**



<b>TOPIC:</b> Assessment of all course work (Term 1, 2, & 3)	<b>TYPE OF TASK:</b> Online Quiz (Google Forms) - Access link below
<b>DUE DATE:</b> Students are expected to complete the quiz by - <b>Monday 25th October 5 PM</b>	<b>WEIGHTING:</b> 20%

<b>OUTCOMES TO BE ASSESSED:</b> PASS5-1 - Discusses factors that limit and enhance the capacity to move and perform PASS5-2 - Analyses the benefits of participation and performance in physical activity and sport PASS5-5 - Demonstrates actions and strategies that contribute to active participation and skillful performance PASS5-6 - Evaluates the characteristics of participation and quality performance in physical activity and sport PASS5-8 - Displays management and planning skills to achieve personal and group goals PASS5-10 - Analyses and appraises information, opinions and observations to inform physical activity and sport decisions
---

<b>TASK DESCRIPTION:</b> Students will complete an online quiz that focuses on <u>all</u> topics covered so far this year (Term 1, 2 & 3). The quiz involves multiple choice style questions which will focus on the following dot points below. Students are encouraged to revise <b>all classwork</b> covered this year (including work from PASS workbook and online work) in order to be thoroughly prepared for this exam.
--

Term 1 - Event Management	Term 2 - Sports Preparation	Term 3 - Sports Coaching
<ul style="list-style-type: none"><li>• Structure of events</li><li>• Role of officials</li><li>• Risk assessment</li><li>• Organising an event</li><li>• Types of events</li></ul>	<ul style="list-style-type: none"><li>• Skill related fitness components</li><li>• Health related fitness components</li><li>• F.I.T.T principle</li><li>• Tests to measure fitness components</li></ul>	<ul style="list-style-type: none"><li>• The role of a coach</li><li>• Types of motivation</li><li>• Coaching styles</li><li>• Unethical situations</li><li>• Support staff</li></ul>

<b>DUE DATE:</b> Students will be given access to the quiz <b>from the start of Week 3, Term 4, Monday 18th Oct</b> . The quiz will be open and available for students to complete up <b>until Monday 25th October 5PM</b> when the quiz will be closed.
---

It is expected all students attempt the quiz during this time period. Each class will be given one dedicated timetabled period to complete the quiz, however, students may attempt the quiz at a time that is convenient to you and your individual working needs.

**GOOD LUCK YEAR 10!**