



**GEORGES RIVER COLLEGE
PEAKHURST CAMPUS**

YEAR 9 PASS

ASSESSMENT TASK

TOPIC:

Moving with Skill - Fundamental Movement Skills

TYPE OF TASK:

Report and Group Practical Presentation

DUE DATE:

Term 1 - Week 8 (Report)

*Each group will be allocated a lesson to present to the class during week 8-10.

WEIGHTING:

20%

SYLLABUS OUTCOMES BEING ASSESSED:

- Discusses factors that limit and enhance the capacity to move and perform PASS5-1
- Demonstrates actions and strategies that contribute to active participation and skilful performance PASS5-5
- Works collaboratively with others to enhance participation, enjoyment and performance PASS5-7
- Performs movement skills with increasing proficiency PASS5-9
- Analyses and appraises information, opinions and observations to inform physical activity and sport decisions PASS5-10

TASK DESCRIPTION:

The Australian Sports Commission has identified a range of benefits of mastering fundamental movement skills at an early age through participation in sport and physical activity. These include:

- *Better health*
- *Improved fitness*
- *Greater coordination*
- *Improved social skills, including teamwork leadership and cooperation*
- *Increased likelihood of participating in physical activity for life*

PART A - Practical Application (10 marks)

- In groups of 3-4, students will plan and develop an activity to develop fundamental movement skills in **young children (6 – 9 years old)**.
- The activity should develop at least **four (4)** of the fundamental movement skills.
- Groups will need to demonstrate their activity to the class and get the class to perform the activity for approx. 15-20 minutes.
- All class members will be marked on their input & enthusiasm whilst running their session as well as participating in other group sessions.

PART B – Written Report (10 marks) 1 report per group

- Groups MUST submit a detailed plan / report of the activity and submit it to the teacher **prior** to the demonstration of activity to the class (one report per group).
- Report must include the fundamental movement skills chosen by the group, a description of the activity, equipment required, teaching/coaching points to include in the activity and a diagram of the activity.
- The session template should be completed collaboratively by all group members on a google doc. This document should be submitted via google classroom.
- The sample template should be used as a Guide. Please make any necessary inclusions as you see fit.
- PLEASE NOTE: This activity is for **young children (6 – 9 years old)** so emphasis should be on participation and fun.

Questions to think about:

- How do we get everyone participating?
- What feedback, teaching points do we need to assist participants?
- Is the activity (s) suitable for young children?
- How can I maximize participation and enjoyment?
- Does this activity promote fundamental movement skill development?

STUDY AND PREPARATION:

- ✓ Use your class notes as a starting point for your research. You will then be required to access a range of resources, via the internet and library, which will assist you in addressing the task.
- ✓ See your teacher if you are having difficulty with this task.
- ✓ Use the attached marking criteria and outcomes to be assessed
- ✓ It is always wise to either email or show your teacher your first draft, as it will allow you to get helpful feedback before you submit your final task.
- ✓ Consider utilising the homework centre as a group.

WHAT TO DO IF YOU ARE ABSENT:

- If you are absent on the due date, you must submit a medical certificate to your class teacher with your completed task on the first day you arrive back to school. Tasks submitted after the due date, without a medical certificate will not receive marks, as per the college assessment policy.

Good luck Year 9!

Year 9 PASS Assessment

Marking Criteria

MOVING WITH SKILL – FUNDAMENTAL MOVEMENT SKILLS

- ❖ Use these marking criteria as a checklist to ensure that you addressed all criteria
- ❖ Please attach this to your task and hand to your teacher on the due date
- ❖ Please ensure your task has your name and teacher's name clearly written on the front

MARKS	CRITERIA
A	<p>Extensive knowledge, understanding and skills are demonstrated through responses with a</p> <ul style="list-style-type: none"> <input type="checkbox"/> Detailed Plan of activity including extensive teaching points (handed to teacher prior to demonstration of activity to class) <input type="checkbox"/> Minimum of four skills included <input type="checkbox"/> Extremely high level of participation <input type="checkbox"/> Activity extremely well suited to young children <input type="checkbox"/> Planned activity is fun and enjoyable
B	<p>Thorough knowledge, understanding and skills are demonstrated through responses with a</p> <ul style="list-style-type: none"> <input type="checkbox"/> Plan of activity handed to teacher prior to demonstration of activity to class <input type="checkbox"/> Minimum of four skills included <input type="checkbox"/> High level of participation <input type="checkbox"/> Activity suited for young children <input type="checkbox"/> Planned activity fun and enjoyable
C	<p>Sound knowledge, understanding and skills are demonstrated through responses with a</p> <ul style="list-style-type: none"> <input type="checkbox"/> Minimum of two or three skills included <input type="checkbox"/> Participation Acceptable <input type="checkbox"/> Activity is satisfactory for young children <input type="checkbox"/> Planned activity fun and enjoyable
D	<p>Basic knowledge, understanding and skills are demonstrated through responses that have</p> <ul style="list-style-type: none"> <input type="checkbox"/> Limited or No evidence of planning – activity made up on the spot <input type="checkbox"/> One or two skills included <input type="checkbox"/> Participation Fair <input type="checkbox"/> Activity not suitable for young children
E	<ul style="list-style-type: none"> <input type="checkbox"/> Not Completed <input type="checkbox"/> Little to no group input <input type="checkbox"/> Poor participation during group sessions

Assessment Cover Sheet

Report and Practical Presentation Task

Assessment Task 1

Name: _____

Subject: PASS

Teacher: _____

- I confirm that this assessment is all my own work.
- I understand that my assessment may be checked for plagiarism and that penalty will be applied if I have plagiarised.
- I have not submitted this assessment for any other subject.
- I have asked for feedback on this assessment task, prior to submission.

Signature: _____

Date: _____

Moving with Skill Assessment Task

Use the template below to **assist** you with designing and implementing your activity.

Activity Name:

FMS used (four):

Facilities and Equipment Required:

Description of Drill/Activity:

Teaching/Coaching Points:

Feedback/Questions:

Diagram of Activity:

