



## Peakhurst Campus

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Monday 12<sup>th</sup> February 2018

Dear Parents/Carers,

On Tuesday 20<sup>th</sup> March during period 5, Year 10 students will be viewing a Drama performance by Brainstorm Productions titled '**Wired**' in the school hall. '**Wired**' is a play that addresses student mental health and emotional wellbeing, including the physiology, causes and effects of stress, anxiety and depression.

The play centers around two adolescents with extremes of behaviour, metabolism, hormones, goals and perspectives who are spiraling out of control in different directions - one into STRESS and OVERLOAD, the other into DEPRESSION. When their lives collide, they are forced to change course. The audience has the opportunity to see the characters play out an alternative path towards greater **resilience** and **mental wellbeing**.

With a sophisticated script and contemporary music, '**Wired**' instantly engages even the most cynical audience to enhance mental health awareness in schools.

After the play there will be a question and answer debrief with the students to discuss the issues the play has raised in an informal, friendly and open format.

We hope you will support this important program to assist in creating a safe and harmonious environment for students and staff and raising awareness of mental health in adolescents.

Students are required to pay the sum of **\$6.00 to the front office** no later than **Thursday 15<sup>th</sup> March 2018**.

If you have any questions or concerns regarding this upcoming performance, please do not hesitate to call me.

Miss Julia Picone  
Year 10 Advisor

Mr Terry Vallis  
Principal