



GEORGES RIVER COLLEGE  
PEAKHURST CAMPUS

**YEAR 9 PDHPE  
ASSESSMENT TASK**

<b>TOPIC:</b> Net/Court Games	<b>TYPE OF TASK:</b> Practical
<b>DUE DATE:</b> Term 3, Week 1-10 ongoing practical assessment.	<b>WEIGHTING:</b> 15%

**OUTCOMES TO BE ASSESSED:**

**PD5-4** Adapts and improvises movement skills to perform creative movement across a range of dynamic physical activity contexts

**PD5-5** Appraises and justifies choices of actions when solving complex movement challenges

**PD5-11** Refines and applies movement skills and concepts to compose and perform innovative movement sequences.

**TASK DESCRIPTION:**

Throughout this topic you will be learning about the specialised movement skills required for effective participation and skill development in Net/Court Games such as:

- Basketball                      - Volleyball                      - European Handball                      - Netball

**STUDENTS WILL BE ASSESSED ON THE FOLLOWING:**

Students will be taught the following skills through a variety of specific drills and activities before having these skills assessed through a variety of modified and tradition Net/Court Games formats:

- Attack & Defensive Strategies
- Passing
- Shooting
- Serve/starts/restarts
- Rule Application
- Participation Throughout unit

**FORMAL ASSESSMENT UNDERSTANDING:**

This task is a formal assessment. This assessment task must be submitted on time. Any difficulty with the task must be brought to the attention of the classroom teacher, in the form of a note from your parent/carer or a doctor's certificate.

**WHAT TO DO IF YOU HAVE AN INJURY THAT PROHIBITS YOU FROM PARTICIPATION**

If you have an injury that prohibits you from participating in 2 or more lessons, you will be required to complete an alternative assessment. Students are reminded to bring a signed medical note explaining the extent of their injury if they are unable to participate in practical lessons due to injury.

**GOOD LUCK YEAR 9!**

Name:

Class:

**GRC PEAKHURST CAMPUS RACQUET SPORTS ASSESSMENT GRID**

SKILLS	1 Needs Improvement	2 Fair	3 Good	4 Very Good	5 Excellent	Student Total ( /5) & Comment
<b>Attack &amp; Defensive Strategies</b>	<ul style="list-style-type: none"> <li>-Rarely selects appropriate shots.</li> <li>-Minimal ability to intentionally hit the object away from the opponent.</li> <li>-Remains stationary throughout the course of the point.</li> <li>-Fails to appropriately position themselves in the ideal court position.</li> <li>-Finds it difficult to keep the object in play.</li> </ul>	<ul style="list-style-type: none"> <li>-Sometimes selects appropriate shots.</li> <li>-Can sometimes hit the object away from the opponent.</li> <li>-Increased movement around the court/table.</li> <li>-Sometimes positions themselves in the ideal court position.</li> <li>-Finds it difficult to maintain rallies of more than 3 individual shots.</li> </ul>	<ul style="list-style-type: none"> <li>-Understand the most effective shot required for the plan and attempts to implement this with varied levels of success.</li> <li>-Attempts to hit the object away from the opponent.</li> <li>-Moves around the court in effective positions to win the point.</li> <li>-Finds it difficult to proceed in extended rallies of more than 5 individual shots.</li> </ul>	<ul style="list-style-type: none"> <li>-Adjusts skills and strategies to counter opposition strokes.</li> <li>-Disguises shots where appropriate.</li> <li>-Adjusts skills of defence to move the opponent out of the controlling position.</li> <li>-Moves around the court with effective game sense positioning.</li> </ul>	<ul style="list-style-type: none"> <li>-Implements advanced game strategy.</li> <li>-Consistently out-plays opponents to win rallies.</li> <li>-Uses advanced defensive strategies to extend a point in order to gain advantage.</li> <li>-Moves around the court with exceptional game sense positioning.</li> </ul>	
<b>Passing</b>	<ul style="list-style-type: none"> <li>-Rarely demonstrates correct Passing</li> <li>-Displays limited technique to pass the ball.</li> <li>-Inconsistent contact with the object.</li> <li>-Minimal control over the force and direction of the pass.</li> </ul>	<ul style="list-style-type: none"> <li>-Demonstrates basic Passing</li> <li>-Displays basic technique to pass the ball.</li> <li>-Can return pass on some occasions.</li> </ul>	<ul style="list-style-type: none"> <li>-Demonstrates appropriate Passing technique.</li> <li>-Returns a variety of passes with varied pace and control.</li> <li>-Can run onto the pass.</li> </ul>	<ul style="list-style-type: none"> <li>-Performs a range of Passing techniques with fluency and control.</li> <li>-Refined passes to gain the advantage on the court</li> <li>-Successful most of the time using effective passing technique.</li> </ul>	<ul style="list-style-type: none"> <li>-Successfully performs an extensive range of passing under pressure with precision.</li> <li>-Analyses performance of passess and adapts to suit opponent.</li> <li>-Successful passess shows consistently using effective passing technique.</li> </ul>	
<b>Shooting / scoring points</b>	<ul style="list-style-type: none"> <li>-Rarely demonstrates correct shooting</li> <li>-Displays limited technique to shoot the ball.</li> <li>-Inconsistent contact with the object.</li> <li>-Minimal control over the force and direction of the shot</li> </ul>	<ul style="list-style-type: none"> <li>-Demonstrates basic shooting</li> <li>-Displays basic technique to shoot the ball.</li> <li>-Can score on some occasions.</li> </ul>	<ul style="list-style-type: none"> <li>-Demonstrates appropriate shooting technique.</li> <li>-Shoots with a variety of techniques with varied pace and control.</li> <li>-Can run onto the pass and score.</li> </ul>	<ul style="list-style-type: none"> <li>-Performs a range of shooting techniques with fluency and control.</li> <li>-Applies appropriate shooting/scoring techniques to successfully score</li> <li>-Successful most of the time using effective shooting techniques.</li> </ul>	<ul style="list-style-type: none"> <li>-Successfully performs an extensive range of shooting techniques under pressure with precision.</li> <li>-Analyses performance of shots and adapts to suit the situation.</li> <li>-Successful shoots and scores by shows consistently using effective passing technique.</li> </ul>	
<b>Serve/starts/restarts</b>	<ul style="list-style-type: none"> <li>-Rarely demonstrates correct preparation.</li> <li>-Displays basic technique to serve/restart play.</li> <li>-Inconsistent contact with the object</li> <li>-Minimal control over the force and direction.</li> </ul>	<ul style="list-style-type: none"> <li>-Can make contact with the object, however, accuracy of serve/restart is minimal, evident with frequent faulting.</li> <li>-Displays fair technique to serve/restart.</li> <li>-Increased levels of force produced during serve.</li> </ul>	<ul style="list-style-type: none"> <li>-Displays fair technique to serve/restart.</li> <li>-Good levels of force and accuracy produced during serve/restart.</li> <li>-Faults on some occasions.</li> </ul>	<ul style="list-style-type: none"> <li>-Good technique for serves/restarts</li> <li>-Serve/restart accurately at good speed.</li> <li>-Effectively selects serve/restart type with intention.</li> </ul>	<ul style="list-style-type: none"> <li>-Advanced serving techniques e.g. swerve serve / slice.</li> <li>-Reviews and refines serve/restart to suit the opponent.</li> <li>-Delivers serve/start with precision.</li> </ul>	
<b>Rule Application</b>	<ul style="list-style-type: none"> <li>-Finds it difficult to understand some of the essential rules.</li> <li>-Limited understanding of offence and defence positioning.</li> </ul>	<ul style="list-style-type: none"> <li>-Applies basic rules to game play.</li> <li>-Basic understanding of offence and defence positioning.</li> </ul>	<ul style="list-style-type: none"> <li>-Good application of rules.</li> <li>-Basic understanding of offence and defence positioning.</li> </ul>	<ul style="list-style-type: none"> <li>-Good application of rules.</li> <li>-Good understanding of offence and defence positioning.</li> </ul>	<ul style="list-style-type: none"> <li>-Excellent knowledge and application of rules.</li> <li>-Exceptional positioning in offence and defence.</li> </ul>	
<b>Participation Throughout unit</b>	<ul style="list-style-type: none"> <li>-Required constant direction in all lessons and/or rarely organised with practical uniform.</li> </ul>	<ul style="list-style-type: none"> <li>-On most occasions participates in lessons, however, sometimes away and/or out of uniform.</li> </ul>	<ul style="list-style-type: none"> <li>-Often organised for practical lessons and regularly participates in lessons to a sound level.</li> </ul>	<ul style="list-style-type: none"> <li>-Often organised for practical lessons and applies good effort.</li> </ul>	<ul style="list-style-type: none"> <li>-Always organised for practical lesson and participates to an excellent level</li> </ul>	

Total

/ 30

**Lesson observations/notes:**

<b>Lesson 1</b>	<b>Lesson 2</b>	<b>Lesson 3</b>	<b>Lesson 4</b>	<b>Lesson 5</b>
<b>Lesson 6</b>	<b>Lesson 7</b>	<b>Lesson 8</b>	<b>Lesson 9</b>	<b>Lesson 10</b>