

Wellness Group

A free 4-week group for young people aged 16-25 to learn about wellness

Tuesdays 3:30-4:30pm via Zoom
Starting Tuesday 12th May



Register here:

<https://www.surveymonkey.com/r/595GGRZ>

For more information, call us on 8048 3350 or email headspace.hurstville@stride.com.au